# Annangrove Public School Anti-bullying Plan 2023

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: https://antibullying.nsw.gov.au/) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

## Annangrove Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
February	Revision of Key Behaviour expectations for students
Terms 1-4	Morning assemblies reminding students of our 3 School expectations.  Reminders placed in the school newsletter
Terms 1-4	Implementation of School based programs- PBL expectations- Strike book
Term 3	Cyber safety – Youth Engagement Officer – Castle Hill Police



#### 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Induction of new staff and reminder to existing staff re: Anti Bullying Plan – procedures and content
	Reminder of our Key Expectations – Respect / Responsibility / Effort – charts in classrooms and around the
	school.
Terms 1-4	Staff opportunities for Professional Learning through DoE and eSafety Commission
Terms 1-4	Staff provided with Anti-Bullying plan and linked Student Welfare / Discipline Policy
Terms 1-4	

## 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

At Annangrove Public School, school executive will inform new and casual staff of the following:

- All casual staff will be given a copy of the 'Annangrove Public School Staff Induction handbook'. And our schools Anti-Bullying Plan and our Discipline policies and programs:
- Each classroom displays flow charts for positive behaviour management in the classroom showing our 3 key expectations and playground.
- Each classroom displays flow charts for positive behaviour management in the classroom and playground, outlining the consequences for bullying behaviours(including cyber or digital bullying).

# 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

#### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

the bullying behaviour).				•
The following are published o	n our school's website. Check th	e boxes that apply.		
School Anti-bullying Plan	☐ NSW Anti-bullying website	☐ Behaviour Code for Students	;	

#### 2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Term1 -4	Parent meeting eg: P&C - Defining student bullying and school supports
Term 2-4	Parent/teacher night- Parents revise 3 key expectations and behaviour /welfare policy
Terms 1-4	Information for parents, students and community in our regular school newsletter
Terms 1-4	School website school Facebook and/or school newsletter - Bystander behaviour

# 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Regular reminders regarding our 3 Annangrove Public School Key Expectations
- Staff model/encourage appropriate behaviours & encourage respect for individual differences / diversity.
- Explicit teaching of student skills and strategies to deal with bullying and encourage resilience.
- Buddy programs
- Staff will deal with all reported and observed incidences of bullying and report incidences of bullying to the executive staff consistent with school reporting procedures.
- Participate in annual Cyber safety awareness through use of digital safety programs

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